



MCYR Summer Camp

CODE OF CONDUCT

1. **Respect for people:** MCYR athletes are expected to treat and be treated in a courteous and respectful manner.
2. **NO Foul Language:** Language that is foul, abusive, or disrespectful is not permitted at MCYR practices, regattas, and events.
3. **Respect for property:** Athletes will respect all property and equipment of MCYR and Manatee County Parks and Natural Resources Department. Athletes will not damage, alter, or remove any property that is not their own.
4. **NO Illegal activities:** Tobacco, alcohol, illegal drugs/controlled substances or the appearance of such activities are all strictly prohibited.
5. **Personal Decorum:** Public display of affection is not acceptable when involved in any crew function or anytime an athlete is acting as an MCYR representative.
6. **Dress Code:** Proper dress is required at all times. Athletes must wear MCYR apparel during travel and regattas.
7. **Conduct Unbecoming:** MCYR, upon recommendation by the Head Coach, may dismiss a member for what may be categorized as "Conduct Unbecoming". Conduct Unbecoming may be characterized as those actions that are deemed to be detrimental to MCYR, coaches and any of its respective athletes. This includes but is not limited to verbal, physical, psychological, physiological threats or abuse; hazing; bullying; harassment of any type; discrimination, and/or comments or actions which are in direct conflict with MCYR's Mission. Conduct Unbecoming may also include actions which are aimed at destabilizing, damaging and/or undermining the coaches and or MCYR.

BE PREPARED -

- Flip flops or water shoes
- Running shoes with dry socks
- Towel and change of dry clothes
- Campers should wear comfortable clothes that are not baggy (baggy clothes can get caught in rowing equipment and become a safety concern). Some campers opt to wear a bathing suit as they are in and out of the water for most of the day.
- SUN GEAR - sunscreen, hats, sun glasses, long sleeve shirt
- Prohibited:** Sheer spandex and inappropriate graphics or language.
- WATER!** Each athlete is responsible to bring his or her own water bottle each day. Ice and water for refills available at the boathouse.
- FULL DAY CAMPERS:** bring a healthy lunch and snacks. It is a long day, good fuel is important!